



GRIEF CAMP

North Carolina

***Free of Charge**

Comfort Zone Camp serves children who have experienced the death of a parent, sibling, primary caregiver, or friend. All programs are offered at no cost to families. CZC provides a safe, nurturing environment where kids can have traditional camp fun, while at the same time acquiring tools to help them cope with their loss.

Since 1999, CZC has helped 21,000+ children.



CAMP ACTIVITIES

Activities include games, swimming, arts and crafts, and Healing Circles led by mental health professionals.



Nick G. Camper Dad

THE IMPACT

Campers leave the camp "bubble" transformed with a community, coping skills and new friends who "get it".

“ Every time they have attended Comfort Zone Camp, they have come home having gained a new level of healing and with new lifelong friends. ”



UPCOMING PROGRAMS

Starting February 8

VIRTUAL SUPPORT GROUPS

- Wednesdays from 7:00pm-8:15pm EST
- 4 week session
- Ages 10-17
- Separate parent/guardian group

March 10-12

WEEKEND CAMP IN WAKE FOREST, NC

- Sleepover camp
- Ages 7-17
- Separate parent/guardian program

Oct 6-8

WEEKEND CAMP IN GREENSBORO, NC

- Sleepover camp
- Ages 7-17

Camper Inquiry



Refer a Camper



Volunteer



(804) 377-3430



@comfortzonecamp



www.comfortzonecamp.org